

**North Hills Food Bank Needed Items**  
**Fall/Winter 2024**

Orange, Apple, Cranberry and Grape Juice (32 oz. to 96 oz.)  
Cereal – (Corn Flakes, Special K, Rice and Wheat Chex & Kids Cereal)  
Plain and Flavored Oatmeal  
Canned Vegetables (Beets, Carrots, Sauerkraut – 14 oz. size)  
Crackers (Club, Ritz, Saltines, Wheat Thins)  
Soup (Progresso and Campbell’s 14.8 oz.)  
Chicken and Beef Broth  
Gravy – (Beef, Chicken and Turkey)  
Mayonnaise (Small containers and Not Miracle Whip)  
Pancake Mix and Syrup  
Dry Noodles, Macaroni, Pasta and Spaghetti  
Macaroni & Cheese  
Rice – White and Brown  
Potatoes – Au Gratin, Mashed, Scalloped  
Canned Beef Stew and Chili  
Spaghetti Sauce – (14 and 28 oz. can)  
Salad Dressing – Italian, Ranch and French  
Flour – 1 or 2 lb. size  
Sugar – 1 or 2 lb. size  
Oil – (Smaller Bottles)  
Pie Filling (Cherry and Apple)  
Jell-O or Pudding  
Ensure or Boost  
Flavored Water  
Coffee - Regular and Decaf (Ground - 11 oz size – no whole beans)  
Toiletries – Pump Hand Soap, Deodorant, Shampoo, Conditioner, Body Wash,  
Toothbrush/Toothpaste, Bar Soap  
Laundry and Regular Dish Detergent – (Not for Dishwasher)  
Cleaning Supplies (Windex, Comet, Pine Sol, Lysol etc.)  
Plastic Wrap, Foil, Storage Bags, Kleenex, Toilet Paper, Paper Towels, and  
Napkins  
Baby Diaper Wipes  
Dog and Cat Food

**We never need items that have past the “Best by” date, Medicine or Clothing.**